



ARTISTAND

Finding the art in your business

WORKSHOP



Our interactive drawing workshops are designed specifically for businesses who are looking to add to their mental wellbeing in the workplace and improve company culture through shared experience and team building activities.

MINDFUL

The workshops use traditional drawing techniques as a portal for mindful practise and keeping people connected through practical participation and peer to peer engagement.



INCLUSIVE

Nothing screams mindful more than a creative practise, and for those who struggle finding the balance, should explore more of this. Drawing is expressive and inclusive of all levels of ability, you don't need to be an expert to join.



CREATIVE

Creativity comes in all shapes and sizes and drawing is one of the most accessible forms.

Our drawing programmes help people to realise their hidden potential, release some daily tension and celebrate the triumphs of themselves and their team.

THE DETAILS

- 1 hour session
- Online or in person
- 4 people min
- Recommended 25 max
- Equipment needed: Pencil & Paper
- Prices from £150 for up to 10 people



ABOUT

Your host will be China Jordan, a London based realistic artist who has featured on Landscape Artist Of The Year as well as exhibited with The Royal Institute Of Oil Painters. With 15 years in the industry and 7 years teaching, she can find the artist in you.